

**NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS
TO BE HELD MAY 10, 2010**

TO THE HOLDERS OF COMMON SHARES OF FLINT ENERGY SERVICES LTD.

NOTICE IS HEREBY GIVEN that an annual meeting (the "**Meeting**") of the holders of common shares ("**Common Shares**") of **FLINT ENERGY SERVICES LTD.** ("**Flint**" or the "**Corporation**") will be held on the 10th day of May, 2010, Main Floor Theatre at The Metropolitan Centre, 333 Fourth Avenue SW, Calgary, Alberta at 2:00pm (Calgary Time), to consider, and take action with respect to, the following matters:

1. Receipt and review of the December 31, 2009 Financial Statements of the Corporation;
2. Election of Directors;
3. Appointment of auditors for the Corporation; and
4. The transaction of such other business as may properly be brought before the Meeting or any adjournment or adjournments thereof.

Shareholders are referred to the accompanying Information Circular for more detailed information with respect to the matters to be considered at the Meeting.

The record date for the Meeting is the close business on March 31, 2010 (the "Record Date"). Only Shareholders of the Corporation of record as at that date are entitled to receive notice of and to vote at the Meeting, unless such Shareholder transfers Shares after the Record Date and the transferee establishes ownership of such Shares and demands, not later than the close of business ten (10) days before the Meeting, that the transferee's name be included in the list of Shareholders entitled to vote.

A shareholder may attend the Meeting in person or be represented by proxy. Shareholders who are unable to attend the Meeting or any adjournment thereof in person are requested to date, sign and return the accompanying form of proxy for use at the Meeting or any adjournment thereof. To be effective, the enclosed proxy must be mailed so as to reach or be deposited with Computershare Trust Company of Canada, the registrar and transfer agent of the Corporation, at Proxy Dept., 100 University Avenue, 9th Floor, Toronto, Ontario, M5J 2Y1, not later than 48 hours (excluding Saturdays, Sundays and statutory holidays) prior to the time set for the Meeting or any adjournment thereof.

The instrument appointing a proxy shall be in writing and shall be executed by the shareholder or his or her or its attorney authorized in writing or, if the shareholder is a corporation, under its corporate seal or by an officer or attorney thereof duly authorized. **The persons named in the enclosed instrument of proxy are directors and officers of Flint. Each shareholder has the right to appoint a proxyholder other than such persons, who need not be a shareholder, to attend and to act for such shareholder and on such shareholder's behalf at the Meeting. To exercise such right, the names of the persons designated by management should be crossed out and the name of the shareholder's appointee should be legibly printed in the blank space provided.**

DATED at Calgary, Alberta this 31st day of March, 2010.

BY ORDER OF THE BOARD OF DIRECTORS

(signed) *W. J. (Bill) Lingard*

W. J. (Bill) Lingard
President and Chief Executive Officer
Flint Energy Services Ltd.